

## Resources:

### Arizona Health Care Cost Containment System (AHCCCS):

- To apply for AHCCCS: <http://www.azahcccs.gov/applicants/application/AcuteCare.aspx>
- Application forms and documents: [www.azdhs.gov/bhs/ahcccs\\_eligibility/blank\\_forms.htm](http://www.azdhs.gov/bhs/ahcccs_eligibility/blank_forms.htm)
- Department of Economic Security: [www.azdes.gov/faa/contact.asp](http://www.azdes.gov/faa/contact.asp)
- AHCCCS Web site: [www.ahcccs.state.az.us/site/](http://www.ahcccs.state.az.us/site/)

AHCCCS SSI MAO:  
801 E. Jefferson MD 3800  
Phoenix, AZ 85034  
Phone (602) 417-5010  
Fax (602) 258-4619

### Medicare:

- To apply for Medicare:  
<http://www.medicare.gov/MedicareEligibility/home.asp?version=default&browser=IE%7C6%7CWInXP&language=English>

### Pharmacies with low-cost prescription plans available:

Wal-Mart:	\$4	30 day supply	various locations
	\$10	90 day supply	
Target:	\$4	30 day supply	various locations
	\$10	90 day supply	
CVS:	\$9.99	90 day supply	various locations

### Additional Questions:

Magellan Customer Service Department  
(800) 564-5465, TTY (800) 424-9831

Community Information and Referral  
(602) 263-8856

### Maricopa County Discount Card Program:

Maricopa County Department of Public Health  
4041 N. Central Avenue, Suite 1400, Phoenix, AZ 85012  
Phone: (602) 506-6900  
([http://www.maricopa.gov/public\\_health/HotTopics/Rx/rx.aspx](http://www.maricopa.gov/public_health/HotTopics/Rx/rx.aspx))

The Maricopa County Board of Supervisors has launched a discount card program to help consumers cope with the high price of prescription drugs. Maricopa County is making free prescription drug discount cards available under a program sponsored by the National Association of Counties (NACo) offering a substantial savings off the retail price of commonly prescribed drugs. The cards may be used by all county residents, regardless of age, income, or existing health coverage, and are accepted at well over 80% of the county's pharmacies.

Cards are available at 35 sites county-wide, such as Maricopa County Public Libraries, and the Maricopa County Public Health Department Clinic and WIC locations. Discount Cards are also available at

Maricopa County's three Animal Care & Control Pet Adoption Centers. (The card can be also be used for certain pet prescriptions available at pharmacies). Cards are also available at Fulton Homes locations in the Valley, and at the Dolce Vita Retirement Community in the Apache Junction area. If you can't make it to one of our locations, e-mail us at: [askmc@mail.maricopa.gov](mailto:askmc@mail.maricopa.gov) to request one and we'll mail you a card.

County residents can call toll free 1-877-321-2652 or visit Caremark Online at: <http://www2.caremark.com/naco/> for assistance with the program. Using the NACo prescription discount card is easy. Simply present it at a participating pharmacy. There is no enrollment form, no membership fee and no restrictions or limits on frequency of use. Cardholders and their family members may use the card any time their prescriptions are not covered by insurance.

## **Children's Action Alliance**

**The following information can be found at [www.azchildren.org](http://www.azchildren.org) or by contacting**

### **Children's Action Alliance**

4001 North Third Street, Suite 160

Phoenix, AZ 85012

Phone: (602) 266-0707

Fax: (602) 263-8792

### **Information taken directly from:**

**Health Care Resources for Arizona's Low Income and Uninsured Families**

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### **a. Maricopa County Emergency Services**

Maricopa Crisis Response Network	(800) 691-1314 (602) 222-9444
EMPACT Suicide	(480) 784-1500 or (800) SUICIDE (Statewide)
St. Luke's Medical Center	(800) 821-4193
Magellan Urgent Psychiatric Care	(602) 344-1945
META Urgent Care - Westside	(602) 650-1212

### **d. Community Based Agencies/Community Crisis Numbers**

<b><u>EAST VALLEY</u></b>	
A New Leaf	(480) 969-4024
Catholic Charities	(480) 964-8771
Centro de Amistad	(480) 839-2926
Scottsdale Psychological Associates	(480) 922-5440
Jewish Family & Children's Services	(480) 820-0825
Phoenix Interfaith Counseling	(480) 317-9867
Presbyterian Services Agency	(480) 894-1568
Superstition Mountain Mental Health Center	(480)983-0571

<b>PHOENIX COMMUNITY-BASED AGENCIES</b>	
Black Family and Children's Services	(602) 243-1773
Catholic Charities	(602) 997-6105
Family Service Agency	(602) 264-9891
Jewish Family and Children's Services	(602) 279-7655
Maricopa Medical Center-Psychiatric Annex	(602) 344-5747
Native American Connections	(602) 254-3247
Phoenix Interfaith Counseling	(602) 992-7521
Presbyterian Service Agency	(602) 995-1767
Southwest Behavioral Health	(602) 257-9339
Terros, Inc.	(602) 685-6000
<b>NATIONAL AGENCIES</b>	
Bipolar Depressive Support Alliance	(800) 826-3632
National Institute of Mental Health Anxiety Disorders	(888) ANXIETY (888) 269-4389
The International Foundation for Research and Education on Depression (iFred)	(800) 784-2433 Español (877) 784-2432
WARM LINE—Triple R Behavioral Health (5:00 PM -10:00 PM) 7 days a week	(602) 347-1100

### e. Support Groups

[Mental Health America](#) of Arizona has Peer Support Groups that are free and do not require registration for adults 18 years and older.

Please call to verify time and place before attending: (480) 884-4407

<b>Support Groups</b>				
NAME	DISORDER	TIME	LOCATION	CONTACT
Calm Waters	Bipolar and Depression	Monday 6:00–8:00 pm	Boswell Hospital 13180 N. 103rd Drive, Sun City	MHA (480) 994-4407
Taking Control	Bipolar, Depression	Tuesday 6:00-8:00 pm	John C Lincoln Deer Valley Medical Office Building # 1 19841 N. 27th Ave, Phoenix	MHA (480) 994-4407
Bipolar Women's Wellness Group	Bipolar, Depression	Tuesday 6:30-8:30 pm	St. Luke's Behavioral Health Services 1800 E. Van Buren Street, Phoenix	Tori (602) 679- 5273
Minds Over Matter	Anxiety & Depression	1st and 3rd Wednesday 4:00-5:30 pm	Granite Reef Senior Center 1700 N. Granite Reef Road, Scottsdale	MHA (480) 944-4407
Being Heard	Schizophrenia & Bipolar	Wednesday 7:00-9:00	Banner Desert Medical Center 1400 S. Dobson Road, Mesa	MHA (480) 994-4407
BiPolar Bears	Bipolar, Depression	Wednesday 7:00-9:00 pm	St. Luke's Behavioral Health Services 1800 E. Van Buren Street, Phoenix	MHA (480) 994-4407
Finding Balance	Bipolar, Depression	Friday 4:00-6:00 pm	Arrowhead Wellness Center 6670 W. Sack Drive, Glendale	MHA (480) 994-4407

## IV. Community Health Centers

The Community Health Centers (CHCs) and the Sliding Fee Community Clinics provide “Primary Care Services” to any person regardless of whether they have insurance or not.

### Payments

Eligible patients will pay for the services they receive on a sliding fee scale basis. A sliding fee scale shows how much a person will have to pay for the care they receive at the clinic. The scale is a discounted rate for the cost of the service based on how much money the person earns.

Patients are asked to pay only for the services they receive at the clinic at the time the services were received.

Sliding fee scales AND services may differ from clinic to clinic. Below is a sample\* sliding fee scale:

Income Range	Sliding Fee Scale
0%-100% FPL	Patient pays 25% of service cost
101%-150% FPL	Patient pays 50% of service cost
151%-200%FPL	Patient pays 75% of service cost
Above 200% FPL	Patient pays full cost of service

\*NOTE: This scale is an example and may differ from clinic to clinic.

### Services Offered\*

- Medical Diagnosis and Treatment
- Physical Exams
- Early Detection of Illness and Disease
- Prenatal Care Services
- Diagnostic Laboratory, Radiology and Imaging Services
- Pharmacy Services
- Preventive Health Services
- Dental and Restorative Services
- Outreach Services
- Health Education and Referral
- Tracking and Follow-up Services
- Emergency Stabilization
- Non-emergency Transportation Services
- Urgent Care Services
- Nutrition Counseling
- WIC
- Case Management
- Patient Transportation for Appointments
- Integrated Behavioral Health Care

**Not all clinics on this and the next page provide the full list of services above.**

### **b. Community Health Center Locations**

City	Organization	Address	Zip	Phone
1	AVONDALE	Avondale Family Health Center	950 E. Van Buren Street	85323-1506 623-344-6800
2	BUCKEYE	Buckeye Family Care Center/Dental Care	306 E. Monroe Avenue	85326-2706 623-386-1630
3	CHANDLER	Chandler Family Health Center	811 S. Hamilton Street	85225-6308 480-344-6103
4	EL MIRAGE	El Mirage Family Health Center	12428 W. Thunderbird Road	85335-3113 623-344-6500
*5*	GILA BEND	Gila Bend Primary Care Center	100 N. Gila Bend	85337 928-683-2269
6	GLENDALE	Glendale Family Health Center	5141 W. LaMar	85301 623-344-6700
7	GUADALUPE	Guadalupe Family Health Center	5825 E. Calle Guadalupe	85283 480-344-6000
8	GUADALUPE	Las Fuentes Health Clinic of Guadalupe	8625 S. Avenida del Yaqui	85283 480-768-2021
9	GUADALUPE	Pascua Yaqui Health Programs	9405 S. Avenida del Yaqui	85283-2529 480-768-2021

10	MARYVALE	Maryvale Family Health Center (Gyn & Peds Only)	4011 N. 51st Avenue	85031	623-344-6900
*11*	MARYVALE	Mountain Park Community Health Center	4616 N. 51st Ave., Suite 203	85031	602-243-7277
*12*	MESA	East Valley Family Care	2204. S. Dobson #101	85202	480-491-6235
13	MESA	Mesa Family Health Center	59 S. Hibbert	85210	480-344-6200
14	PHOENIX	John C. Lincoln Community Health Center	9221 N. Central Avenue	85020	602-331-5774
15	PHOENIX	Comprehensive Health Center	2525 E Roosevelt Street	85008	602-344-1015
*16*	PHOENIX	Maricopa County Health Care for the Homeless	220 S. 12th Ave	85007	602-372-2100
17	PHOENIX	Maricopa Integrated Health System	2825 E. Roosevelt Street	85008	602-344-5011
18	PHOENIX	McDowell Health Care Center	1144 E. McDowell Road #300	85006	602-344-6550
*19*	PHOENIX	Mountain Park Community Health Center	635 E .Baseline Road	85042	602-276-4427
*20*	PHOENIX	Mountain Park Community Health Center	690 N. Cofco Center Court #230	85008	602-286-6090
*21*	PHOENIX	Native American Community Health Center	4520 N. Central Avenue, 3rd Floor	85012	602-279-5262
22	PHOENIX	South Central Family Health Center	33 W. Tamarisk Avenue	85041-2422	602-344-6400
23	PHOENIX	St. Vincent de Paul Free Medical/Dental Clinic	420 W. Watkins Road	85002	602-261-6868
60	SCOTTSDALE	Scottsdale Family Health Center	6535 E. Osborne Road, Bldg 8	85251	480-344-6050
*25*	SUN CITY WEST	Adelante Women's Health Care	14300 W. Granite Valley Drive #A2	85375	623-544-3214
*26*	SURPRISE	Clinica Adelante - Surprise	16551 N. Dysart Rd, #104A	85374-3747	623-583-3001
*27*	SURPRISE	Tidwell Family Care Center	16560 N. Dysart Road	85374	623-546-2294
*28*	TOLLESON	Mountain Park Community Health Center	9169 W. Van Buren	85353	623-936-6795
*29*	WICKENBURG	Wickenburg Family Care Center	466 W. Wickenburg Way	85390	928-684-9555

**\*\* Clinics marked with a star are clinics where patients may go to determine eligibility and receive help applying for AHCCCS Health Care Programs**

## Community Information and Referral

The following information can be found at [www.cir.org](http://www.cir.org) or by calling Community Information and Referral at (602) 263-8856

Non-Titled BH/MH Resources

Information from Community Information and Referral: Phone: (602) 263-8856 Web: [www.cir.org](http://www.cir.org)

## **Psychiatric Services:**

<p><b>Dorothy B Mitchell Counseling Center</b> 1655 E. University Dr., Ste. 100, Mesa, AZ 85203 Phone #: 480-969-6955</p>	<p><b>EMPACT Psychiatric Services</b> 1232 E. Broadway Rd., Ste. 120, Tempe, AZ 85282 Phone #: 480-784-1514</p>
<p><b>Providence Service Corporation - Maricopa County</b> 3602 W. Thomas Rd., Ste. 10, Phoenix, AZ 85019 Phone #: 800-489-0064</p>	

## **Substance Abuse Treatment:**

<p><b>Banner Behavioral Health Hospital</b> 7575 E Earl Dr. Scottsdale, Arizona 85251-6998 Phone #: 602-254-HELP</p>	<p><b>Reborn Assistance Association</b> 2546 W. Orangewood Ave. Phoenix, Arizona 85051-6722 Phone #: 602-433-2382</p>
<p><b>Center for New Directions</b> 943 S. Gilbert Rd., Ste. 204 Mesa, Arizona 85204-4441 Phone #: 480-507-8619</p>	<p><b>Recovery Innovations of Arizona Community Building</b> 2701 N. 16th St., Ste. 316 Phoenix, Arizona 85006-1264 Phone #: 602-650-1212</p>
<p><b>EMPACT Substance Abuse Treatment</b> 1232 E. Broadway Rd., Ste. 120 Tempe, Arizona 85282-1510 Phone #: 480-784-1514</p>	<p><b>TASC Drug/Alcohol Abuse Treatment Referral</b> 2302 N. 7th St., Ste. B Phoenix, Arizona 85006-1602 Phone #: 602-254-7328</p>
<p><b>Latter-Day Saints Support Groups</b> Call for meeting information Mesa, Arizona 85205-6913 Phone #: 602-989-3606</p>	<p><b>TASC Youth Services</b> 2234 N. 7th St. Phoenix, Arizona 85006-1689 Phone #: 602-254-7328</p>
<p><b>Lodestar Day Resource Center, Inc.</b> 1125 W. Jackson St. Phoenix, Arizona 85007-3114 Phone #: 602-393-9930</p>	<p><b>TERROS Substance Abuse Treatment</b> 3118 E. McDowell Rd. Phoenix, Arizona 85008-3742 Phone #: 602-685-6000</p>
<p><b>Native Health Women's Services</b> 4520 N Central Ave., Ste. 620 Phoenix, Arizona 85012-1848 Phone #: 602-279-5262</p>	<p><b>The New Foundation Substance Abuse Treatment</b> 1200 N 77th St. Scottsdale, Arizona 85257-3708 Phone #: 480-945-3302</p>
<p><b>NOVA Outpatient Substance Abuse Treatment</b> 7725 N. 43rd Ave., Ste. 522 Phoenix, Arizona 85051 Phone #: 623-937-9203</p>	<p><b>Valley Hope Alcohol and Drug Center</b> 501 N. Washington St. Chandler, Arizona 85225-4642 Phone #: 480-899-3335</p>
<p><b>Phoenix Indian Medical Center</b> 4212 N 16th St. Phoenix, Arizona 85016-5389 Phone #: 602-263-1200</p>	<p><b>Youth Alert</b> Call for meeting information Mesa, Arizona 85205-6913 Phone #: 602-838-2753</p>
<p><b>Pinchot Gardens Residential Community</b> Confidential location Phoenix, Arizona 85018 Phone #: 602-553-7300 x 1200</p>	

## **Substance Abuse Counseling:**

<p><b>ABCS Parent Aide Program</b> 1717 W. Northern Ave., Ste. 110 Phoenix, Arizona 85021-5469 Phone #: 602-346-2300</p>	<p><b>Lifeline Services for Ex-Offenders</b> 2701 N. 16th St., Ste. 103 Phoenix, Arizona 85006-1264 Phone #: 602-344-7500</p>
<p><b>Casey Family Programs</b> 378 E. Palm Ln. Phoenix, Arizona 85004-1531 Phone #: 602-252-9449</p>	<p><b>Next Step Program</b> 1811 S. Alma School Rd., Ste. 160 Mesa, Arizona 85210-3003 Phone #: 480-831-7566</p>
<p><b>Catholic Charities Community Services Child Protection and Permanency</b> 4747 North 7th Ave. Phoenix, Arizona 85013-2401 Phone #: 602-285-1999</p>	<p><b>Phoenix Christian Counseling Associates</b> 3101 W. Peoria Ave., Ste. 101 Phoenix, Arizona 85029-5208 Phone #: 602-548-8508</p>
<p><b>Catholic Charities Community Services Expedited Reunification</b> 4747 North 7th Ave. Phoenix, Arizona 85013-2401 Phone #: 602-285-1999</p>	<p><b>Phoenix Christian Counseling Associates - Chandler</b> 500 W. Ray Rd. Chandler, Arizona 85225-7260 Phone #: 602-548-8508</p>
<p><b>Catholic Charities Community Services Prostitution Recovery</b> 4747 North 7th Ave. Phoenix, Arizona 85013-2401 Phone #: 602-285-1999</p>	<p><b>Scottsdale Youth and Family Services</b> 4201 N. Hayden Rd. Scottsdale, Arizona 85251-2633 Phone #: 480-312-7922</p>
<p><b>Christian Living Center, Inc</b> 2111 E. Baseline Rd., Ste. C8 Tempe, Arizona 85283-1521 Phone #: 480-831-1212</p>	<p><b>SMART Tents</b> 102 W. Madison St. Phoenix, Arizona 85003-2198 Phone #: 602-876-1895</p>
<p><b>Ebony House Alcohol and Drug Treatment</b> 6222 S. 13th St. Phoenix, Arizona 85042-4408 Phone #: 602-276-4288 x 220</p>	<p><b>TASC Deferred Prosecution</b> 2234 N. 7th St. Phoenix, Arizona 85006-1689 Phone #: 602-254-7328</p>
<p><b>FIBCO Family Services, Inc</b> 1141 E. Jefferson St. Phoenix, Arizona 85034-2223 Phone #: 602-385-3900</p>	<p><b>Tempe Social Services Diversion Programs</b> 3500 S. Rural Rd. Tempe, Arizona 85282-5482 Phone #: 480-350-5400</p>
<p><b>Franciscan Renewal Center</b> 5802 E. Lincoln Dr. Scottsdale, Arizona 85253-4124 Phone #: 480-948-7460 Ext. 133</p>	<p><b>Valley of the Sun YMCA Community Initiatives</b> 350 N. 1st Ave. Phoenix, Arizona 85003-1590 Phone #: 602-404-9622</p>
<p><b>John F Long Family Services Center</b> 3454 N .51<sup>st</sup> Ave. Phoenix, Arizona 85031-3002 Phone #: 602-262-6510</p>	<p><b>Westend Judicial Center Diversion Program</b> 4751 E. Pecos Rd. / Rt. 2 Laveen, Arizona 85339 Phone #: 520-550-3811</p>

## **Individual Counseling Services:**

<p><b>Advocates for the Disabled, Inc</b> 5060 N. 19th Ave., Ste. 306, Phoenix, AZ 85015 Phone #: 602-212-2600</p>	<p><b>Arizona Chabad Lubavitch Headquarters</b> 2110 E. Lincoln Dr., Phoenix, Arizona 85016 Phone #: 602-944-2753</p>
<p><b>Arizona Interfaith Counseling</b> 5520 E. Main. St., Ste. 1, Mesa, AZ 85205 Phone #: 480-969-2783</p>	<p><b>Arizona Interfaith Counseling - Chandler</b> 3400 N. Dobson Rd., Chandler, AZ 85224 Phone #: 602-980-3163</p>
<p><b>Arizona Interfaith Counseling - Phoenix Central</b> 5510 N. Central Ave., Phoenix, AZ 85012 Phone #: 602-285-1930</p>	<p><b>Arizona Interfaith Counseling - Mesa West</b> 43 E. 1st Ave., Mesa, AZ 85210 Phone #: 480-610-6996</p>
<p><b>Advocates Against Adolescent Suicide</b> 1586 W. Campbell Ave., Phoenix, Arizona 85015- Phone #: 602-861-1121</p>	<p><b>Arizona Interfaith Counseling - Phoenix Sunnyslope</b> 8640 N. 19th Ave., Phoenix, AZ 85021 Phone #: 602-943-4034</p>
<p><b>ASU Clinical Psychology Center</b> Mill Ave. &amp; University Dr., Tempe, AZ 85281 Phone #: 480-965-7296</p>	<p><b>Arizona Interfaith Counseling - Sun Lakes</b> 9248 E. Riggs Rd., Sun Lakes, Arizona 85248 Phone #: 480-969-2783</p>
<p><b>Banner Behavioral Health Hospital</b> 7575 E. Earl Dr., Scottsdale, AZ 85251 Phone #: 602-254-HELP</p>	<p><b>Arizona OIC Counseling Services</b> 39 E. Jackson St., Phoenix, AZ 85004 Phone #: 602-254-5081</p>
<p><b>BOSS Counseling Services</b> 501 E. Mahoney Ave, Buckeye, AZ 85326 Phone #: 623-386-6365 x 1</p>	<p><b>ASU Counselor Training Center</b> Mill Ave. &amp; University Dr., Payne Hall EDB-401 Tempe, AZ 85281 Phone #: 480-965-5067</p>
<p><b>Canyon State Academy</b> 20061 E. Rittenhouse Rd., Queen Creek, AZ 85242 Phone #: 480-987-9700</p>	<p><b>Banner Thunderbird Behavioral Health Center</b> 5555 W, Thunderbird Rd, Glendale, AZ 85306 Phone #: 602-254-HELP</p>
<p><b>Catholic Charities Community Services Counseling - Mesa</b> 2220 S. Country Club Rd., Ste. 106, Mesa, AZ 85210 Phone #: 602-749-4405</p>	<p><b>Brookside</b> 653 W, Guadalupe Rd, Mesa, AZ 85210 Phone #: 480-545-1782</p>
<p><b>Catholic Charities Community Services Counseling - Phoenix</b> 4747 North 7th Ave., Phoenix, AZ 85013 Phone #: 602-285-1999</p>	<p><b>Casey Family Programs</b> 378 E. Palm Ln., Phoenix, AZ 85004 Phone #: 602-252-9449</p>
<p><b>Center for New Directions</b> 943 S Gilbert Rd., Ste. 204, Mesa, AZ 85204 Phone #: 480-507-8619</p>	<p><b>Catholic Charities Community Services Counseling - Peoria</b> 7400 W. Olive Ave., Ste. 10, Peoria, AZ 85345 Phone #: 623-486-9868</p>
<p><b>Children's Action Alliance</b> 4001 N. 3rd St., Ste. 160, Phoenix, AZ 85012 Phone #: 602-266-0707</p>	<p><b>Catholic Charities Community Services Counseling - Phoenix North</b> 1825 W. Northern Ave., Phoenix, AZ 85021 Phone #: 602-997-6105</p>
<p><b>Community Bridges Center for Excellence</b> 8825 N. 23rd Ave., Ste. 100, Phoenix, AZ 85021 Phone #: 602-861-2255</p>	<p><b>Child Crisis Center Counseling Services</b> 170 W. University Dr., Mesa, AZ 85201 Phone #: 480-222-0194</p>
<p><b>Community Church of Joy</b> 21000 N. 75th Ave., Glendale, AZ 85308 Phone #: 623-561-0500 x 200</p>	<p><b>Christian Living Center, Inc</b> 2111 E. Baseline Rd., Ste. C8, Tempe, AZ 85283 Phone #: 480-831-1212</p>



## **Individual Counseling Services Cont.:**

<b>EMPACT - SPC</b> 1232 E. Broadway Rd., Ste. 120, Tempe, AZ 85282 Phone #: 480-784-1514	<b>Franciscan Renewal Center</b> 5802 E. Lincoln Dr., Scottsdale, AZ 85253 Phone #: 480-948-7460 Ext. 133
<b>Goodworks Bible-Based Counseling</b> 2950 S. Alma School Rd., Mesa, AZ 85210 Phone #: 480-821-1330	<b>LDS Family Services</b> 235 S. El Dorado Cir., Mesa, AZ 85202 Phone: 480-968-2995
<b>LDS Family Services - Glendale</b> 7055 W. Bell Rd., Ste 21, Glendale, AZ 85308 Phone #: 623-878-2037	<b>Mark Allen Foundation</b> 2622 W. State Ave., Phoenix, AZ 85051-6728 Phone #: 602-973-3727
<b>Marley House Family Resource Center</b> 9201 N. 5th St., Phoenix, AZ 85020-2532 Phone #: 602-331-5817	<b>My Sisters' Place</b> Chandler, Arizona Phone #: 480-821-1024
<b>Native Health Behavioral Health</b> 4520 N. Central Ave., Ste. 620, Phoenix, AZ 85012 Phone #: 602-279-5262	<b>Native Health Women's Services</b> 4520 N. Central Ave., Ste. 620, Phoenix, AZ 85012 Phone #: 602-279-5262
<b>New Turning Point Women's Center</b> 459 N. Gilbert Rd., Ste. A135, Gilbert, AZ 85234 Phone #: 480-586-6896	<b>North Valley Clinical Services</b> 10575 N 114th St., Ste. 109, Scottsdale, AZ 85259 Phone #: 480-661-1075
<b>Organization for Non-Violence Education</b> Confidential, Glendale, Arizona 85311-0863 Phone #: 623-934-0696	<b>Phoenix Christian Counseling Associates</b> 3101 W. Peoria Ave., Ste. 101, Phoenix, AZ 85029 Phone #: 602-548-8508
<b>Phoenix Christian Counseling Associates - Chandler</b> 500 W. Ray Rd., Chandler, AZ 85225 Phone #: 602-548-8508	<b>Phoenix Day School for the Deaf</b> 7654 N. 19 <sup>th</sup> Ave., Phoenix, AZ 85021 Phone #: 602-771-5300
<b>Planned Parenthood 7th Street Health Center</b> 5651 N. 7th St., Ste. B, Phoenix, AZ 85014 Phone #: 602-263-2227	<b>Planned Parenthood Bell Road Health Center</b> 3346 W. Bell Rd., Phoenix, AZ 85053 Phone #: 602-866-8821
<b>Planned Parenthood Chandler Health Center</b> 610 N. Alma School Rd., Chandler, AZ 85224 Phone #: 480-814-0024	<b>Planned Parenthood Glendale Health Center</b> 8822 N. 43rd Ave., Glendale, AZ 85302 Phone #: 623-934-3244
<b>Planned Parenthood Maryvale Health Center</b> 4616 N 51st Ave., Ste. 210, Phoenix, AZ 85031 Phone #: 602-272-6691	<b>Planned Parenthood Northeast Phoenix Health Center</b> 3131 E. Thunderbird Rd., Phoenix, AZ 85032 Phone #: 602-953-9000
<b>Planned Parenthood Prescott Health Center</b> 656 W. Gurley St., Prescott, AZ 86305 Phone #: 928-776-0420	<b>Planned Parenthood Scottsdale Health Center</b> 7901 E. Thomas Rd., Scottsdale, AZ 85251 Phone #: 480-949-8765
<b>Planned Parenthood South Phoenix Health Center</b> 4615 S. Central Ave., Phoenix, AZ 85040 Phone #: 602-268-1588	<b>Planned Parenthood Southeast Mesa Health Center</b> 1235 S. Gilbert Rd., Mesa, AZ 85204 Phone #: 480-892-7888
<b>Planned Parenthood Southwest Valley</b> 140 N. Litchfield Rd., Ste. 100, Goodyear, AZ 85338 Phone #: 623-932-5111	<b>Planned Parenthood Tempe Health Center</b> 1250 E. Apache Blvd., Ste. 108, Tempe, AZ 85281 Phone #: 480-967-9414
<b>TASC Private Sector Services</b> 2302 N. 7th St, Ste. B, Phoenix, AZ 85006 Phone #: 602-712-0234	<b>The Haven</b> 2313 W. Yuma St., Phoenix, AZ 85009 Phone #: 602-258-1542

<b>The Salvation Army Adult Rehabilitation Center - Phoenix</b> 15 E. Pima St., Phoenix, AZ 85004 Phone #: 602-256-4500	<b>Wesley Health Center</b> 1300 S. 10th St., Phoenix, AZ 85034-4598 Phone #: 602-257-4323
<b>West Valley Behavioral Health Services</b> 8802 N. 61 <sup>st</sup> Ave., Glendale, AZ 85302 Phone #: 623-934-1991	

## Sliding Fee Scale Behavioral Services Resources For Non-T-19, Non-RBHA Enrolled

### Sliding Fee Scale Behavioral Services Resources For Non-T-19, Non-RBHA Enrolled:

<b>Catholic Charities</b> **** Meds not available 1825 W. Northern Ave. Phoenix, AZ 85021 (602) 749-4408	<b>Centro De Amistad</b> **** Meds not available 460 N. Mesa Drive Mesa, AZ 85201 (480) 833-0227
<b>Ebony House Inc.</b> **** Substance Use Only 6222 S. 13 <sup>th</sup> St. Phoenix, AZ 85042 (602) 276-4288	<b>Family Service Agency</b> 943 S. Gilbert Rd., Ste. 204 Mesa, AZ 85204 (602) 264-9891
<b>Family Service Agency</b> 2400 N. Central Ste. 400 Phoenix, AZ 85004 (602) 264-9891	<b>Family Service Agency</b> 3101 W. Peoria, Ste. A201 Phoenix, AZ 85029 (602) 264-9891
<b>Native American Connections</b> 4520 N. Central Ave. Ste. 100 Phoenix, AZ 85012 (602) 424-2060	<b>National Council on Alcohol and Drug Dependency</b> 4201 N. 16 <sup>th</sup> . St., Ste. 140 Phoenix, AZ 85016 (602) 264-6214 – (602) 274-3456
<b>New Horizons Counseling</b> 5062 N. 19 <sup>th</sup> Ave., Ste. 102 Phoenix, AZ 85015 (623) 939-6567	<b>Phoenix Interfaith Counseling</b> **** Meds not available 4444 W. Northern Ave., Ste. C-1 Glendale, AZ. 85301 (623) 939-6516
<b>Phoenix Interfaith Counseling</b> **** Meds not available 4201 N. 16 <sup>th</sup> St., Ste. 250 Phoenix, AZ 85016 (602) 248-9247	<b>Phoenix Interfaith Counseling</b> **** Meds not available 3910 S. Rural Rd., Ste. J Tempe, AZ. 85282 (480) 317-9868

# Support Groups

The following information can be found at:

## NAMI Arizona

5025 East Washington Street  
Phoenix, AZ 85034  
Phone: (800) 626-5022  
www.namiphoenix.org

## Family Involvement Center

1430 East Indian School Road, Suite #110  
Phoenix, Arizona 85014  
Phone: (602) 288-0155  
www.familyinvolvementcenter.org

## MIKID

2642 E. Thomas Road  
Phoenix, AZ 85016  
Toll-free Phone: 1-800-35MIKID / 1-800-356-4543  
Phone: (602) 253-1240  
www.mikid.org

## Mental Health American of Arizona

6411 E. Thomas Road  
Scottsdale, AZ 85251  
Phone: (480) 994-4407  
www.mhaarizona.org

## National Alliance on Mental Illness (NAMI):

<p><b>Daytime Family Support</b> 480.991.7943 (Mimi) For family members and friends of people who have a serious mental illness. NAMI Phoenix - Mountain View Presbyterian Church 8050 E. Mountain View Rd., Scottsdale, AZ 9:30 - 11:00 am, 4th Thursday of the Month</p>	<p><b>Evening Family Support</b> 602.244.8166 For family members and friends of people who have a serious mental illness. NAMI Phoenix, NAMI Family Center 2210 N. 7th St., Phoenix, AZ 6:00 - 8:00 pm, Every Wednesday</p>
<p><b>Evening Family Support</b> 602.953.0478 For family members and friends of people who have a serious mental illness. NAMI Phoenix, North Scottsdale United Methodist Church 11735 N. Scottsdale Rd., Scottsdale, AZ 7:00 - 8:30 pm, 1st Monday of the Month</p>	<p><b>Evening Family Support Families Giving Hope</b> 520.560.2545 For family members and friends of people who have a serious mental illness. NAMI East Valley - Tempe Escalante Community Center (La Paz Conference Room) 2150 E. Orange, Tempe, AZ 6:30 - 8:30 pm, Every other Tuesday (check Calendar for which Tuesdays)</p>

<p><b>Evening Family Support - Families Giving Hope</b> 623.546.4011 For family members and friends of people who have a serious mental illness. NAMI East Valley - First Methodist Church 311 S. Cooper Rd., Gilbert, AZ 6:30 - 8:30 p.m., Every 2nd &amp; 4th Thursday</p>	<p><b>Evening Family Support</b> 480.361.3064 (Mary), 480.213.1012 (Dave) For family members and friends of people who have a serious mental illness. NAMI Phoenix Scottsdale Arabian Library Meeting Room 110215 E McDowell Mt. Ranch Rd. Scottsdale, AZ 6:00 - 7:30 pm, Every other Tuesday, (check Calendar for which Tuesdays)</p>
<p><b>Family &amp; Consumer Social Evening</b> 602.953.0478 (Carol) For all consumers, family members and friends. A night of games, food, conversation, relaxation. NAMI Phoenix The New Church of Phoenix 5631 E. Shea Blvd., Phoenix, AZ 7:00 - 9:00 pm, 3rd Monday of the Month</p>	<p><b>Caring Connections Support Group</b> 480.883.8871 (Joan) 90-minute weekly support group run by persons who live with mental illness for other persons. NAMI East Valley Risen Savior Church 23514 S. Alma School Rd., Chandler, AZ 10:00 am – Noon, 1st &amp; 3<sup>rd</sup> Wednesdays</p>
<p><b>Evening Family Support, Caring Connections</b> 480.883.8871 For family members and friends of people who have a serious mental illness. NAMI West Valley Aurora Behavioral Health 6015 W. Peoria Ave., Glendale, AZ 7:00 - 8:30 pm, 3rd Monday</p>	

### **Family Involvement Center:**

<p><b><u>Support Groups:</u></b></p> <ul style="list-style-type: none"> <li>○ Peer-Facilitated Support Groups</li> <li>○ Spanish-Speaking Support Group</li> <li>○ Daytime Support Group</li> </ul>	<p>Family Involvement Center 1430 East Indian School Road, Suite #110 Phoenix, Arizona 85014 Phone: 602-288-0155 Fax: 602-288-0156 <a href="mailto:info@familyinvolvementcenter.org">info@familyinvolvementcenter.org</a> Please call for times and room number</p>
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### **Mentally Ill Kids in Distress (MIKID):**

<p><b>Parent Education and Support Group</b> 1st Saturday of the Month 2642 E. Thomas Road, Phoenix, AZ 85016 R.S.V.P for Childcare @ (602) 253-1240</p>	<p><b>Support Group:</b> 3rd Saturday of the Month 10:00 a.m. to 12:00 Noon 2642 E. Thomas Road, Phoenix, AZ 85016 R.S.V.P for Childcare @ (602) 253-1240</p>
<p><b>Bi-Polar Group:</b> 3rd Saturday of the Month 5:00 pm to 7:00 pm 2642 E. Thomas Road, Phoenix, AZ 85016 R.S.V.P for Childcare @ (602) 253-1240</p>	

**Mental Health American of Arizona: [www.mhaarizona.org](http://www.mhaarizona.org), (480) 994-4407**

**You are not alone.**

Support groups provide a forum for mutual acceptance, understanding and self-discovery. Peer Support Groups provide free information, education, empowerment, and support to adults diagnosed with a mental illness as well as their family members and loved ones. While Peer Support Groups should not be considered as a substitute for treatment, they can often be a complement to treatment.

There is no charge or registration requirement to attend MHA’s Peer Support Groups. Because this listing is updated periodically and the groups are subject to change, you are encouraged to contact us at (480) 994-4407 to verify meeting times and dates. The peer support groups are facilitated by trained mental health consumers and focus on adult consumer issues.

**Call Before You Attend...**

If this is your first time attending a group, please call us to be sure the meeting day/time has not been changed. Call MHA AZ today at (480) 994-4407.

**Mental Health America of Arizona:**

<p><b>Eating Disorders Group (Peer Support Group)</b> Eating Disorders Scottsdale 2nd &amp; 4th Thursday 3:15 p.m. - 4:45 p.m. Active Forever, 10799 N. 90th St., Scottsdale, 85260. (Just east of Loop 101 &amp; East Shea Blvd.) Go on E. Shea Blvd. to 90th St. Then go north on 90th St. &amp; Active Forever is .1 miles up on the right. Ask at front desk where the group meets.</p>	<p><b>Calm Waters (Peer Support Group)</b> Bipolar &amp; Depression Sun City Monday, 6:00-8:00 p.m. Boswell Hospital, 13180 N. 105th Dr., Sun City, 85351. Ironwood Room. From the 101, exit Thunderbird Road. Go west approx. 2 miles to Boswell Hospital. Follow hospital signs to main entrance. Go in main entrance and either ask for directions at Information Desk or veer to the left &amp; go down hallway about 100 yds. past the Women's Diagnostic Services. Then the 1st classroom on the left is the Ironwood Room.</p>
<p><b>Caregiver's Support Group</b> For individuals or families who have a loved one with a mental illness. Gilbert Contact MHA AZ for information regarding this group at 480.994.4407, Ext. 18.</p>	<p><b>Together for Wellness (Peer Support Group)</b> Anxiety, Bipolar &amp; Depression East Mesa Monday, 7:00-9:00 p.m. Banner Baywood Medical Center, 6644 E. Baywood Ave., Mesa, AZ 85206. Santan Room. At Power Rd. &amp; Baywood Ave. North of Broadway Rd. Park in the visitor parking garage. Enter main entrance to hospital. Go down hall past the elevators. Turn right (which is a short right that curves left). The Santan Room is at the end of the long straight hallway.</p>
<p><b>Taking Control (Peer Support Group)</b> Bipolar &amp; Depression Phoenix Tuesday, 6:00-8:00 p.m. John C Lincoln 1 - Deer Valley. Medical Office Bldg. #1. 19841 N. 27th Ave., Phoenix, 85027. Bldg. #1 is north of the hospital on 27th Ave. between. Loop 101 &amp; Yorkshire Dr. Get off of elevator on the 4th floor &amp; look to the rt. for conference room #1.</p>	<p><b>New Dawn (Peer Support Group)</b> General Mental Health Issues Phoenix Tuesday 7:00-9:00 p.m. PSA Behavioral Health Agency, 2255 W. Northern Ave., Phoenix, 85021. Suite B100. 23rd Ave. &amp; Northern Ave. On the south side of Northern. Park in adjacent parking lot on the east side of the bldg. Go through large black gate. First door on right is B100.</p>

<p><b>Bipolar Bears (Peer Support Group)</b>  Bipolar &amp; Depression  Phoenix  Wednesday 7:00-9:00 p.m.  St. Luke's Behavioral Health Center, 1800 E. Van Buren St., Phoenix, 85006. Behavioral Auditorium Unit. 18th St. &amp; Van Buren St. Walk up ramp. Ask at the front desk how to get to the Behavioral Auditorium Unit.</p>	<p><b>Minds Over Matter (Peer Support Group)</b>  Anxiety &amp; Depression  Scottsdale  Wednesday, 1st and 3rd, 4:00-5:30 p.m.  Granite Reef Senior Center, 1700 N. Granite Reef Rd., Scottsdale, 85257, Room 9. Granite Reef Rd. is between Hayden &amp; west of the 101. Granite Reef Senior Center is 1 block north of McDowell on the west side of Granite Reef Rd. behind the AM/PM gas station.</p>
<p><b>Being Heard (Peer Support Group)</b>  Anxiety, Depression, Bipolar, Schizophrenia, All Mental Illnesses  Mesa  Wednesday, 7:00-9:00 p.m.  Banner Desert Medical Center, 1400 S. Dobson Rd., Mesa, 85202. Rosati Education Center. Mesquite Room. Go to main entrance on Dobson. Pull in &amp; come to stop sign. Turn left and then a right into the parking garage. Go thru the garage to the opposite end and park. Enter doors to the right (Rosati Education Center). Veer to the left of reception area and go to the main hallway. Turn right. Go down this hallway past the next hallway. Then the first room on the right will be the Mesquite room.</p>	<p><b>Obsessive Compulsive Disorders Group (Peer Support Group)</b>  Obsessive Compulsive Disorders  Scottsdale  Thursday, 2nd &amp; 4th, 7:00-9:00 p.m.  Banner Behavioral Health Center, 7575 E. Earl Dr., Scottsdale, 85251. SW corner of Miller &amp; Earl. North of Thomas Rd. Check in at the front desk and ask where the OCD group is meeting.</p>
<p><b>Finding Balance (Peer Support Group)</b>  Bipolar &amp; Depression  Glendale  Friday 4:00-6:00 p.m.  Arrowhead Physicians Bldg., 18699 N. 67th Ave., Glendale, 85308, Sierra Room. (67th Ave. &amp; Union Hills Dr.) Pull in main entrance to the hospital, bear rt. &amp; follow drive to the covered parking structure. Drive up ramp &amp; park on 2nd level. Take steps down. Across from parking lot is Arrowhead Physicians Plaza. Enter Plaza &amp; go to first door on the right, the Sierra Room.</p>	<p><b>Hanging On Together (Peer Support Group)</b>  Anxiety, Bipolar, Depression  Mesa  Friday 7:00-9:00 p.m.  Banner Desert Medical Center, 1400 S. Dobson Rd., Mesa, 85202. Rosati Education Center. Cholla Room. Go to main entrance on Dobson. Pull in &amp; come to stop sign. Turn left and then a right into the parking garage. Go thru the garage to the opposite end and park. Enter doors to the right (Rosati Education Center). Veer to the left of the reception area go to the first hallway. Turn right &amp; the Cholla Room is the first room on the left.</p>
<p><b>Guiding Light (Peer Support Group)</b>  Bipolar &amp; Depression  Scottsdale  Friday, 3:00-4:45 p.m.  Via Linda Senior Center, 10440 E. Via Linda, Scottsdale, 85258, Conf. Room 8. 101 to Shea Blvd. Go east on Shea to Via Linda. Go south on Via Linda to the Scottsdale Senior Center. Turn rt. into parking lot. Go in Senior Center &amp; ask at front desk where conf. room 8 is located.</p>	